

# Dave's Daily Warm-up

## (Embouchure Stabilizer)

Each series should be played without removing the mouthpiece from the lips. Breath through the nose or mouth corners between each phrase. This is to help connect the high note to a low note as well as going from a low note to a higher note without changing the mouthpiece setting.

Play in good time. Tap your foot throughout the warmup and everything else that you play.

Tongue the first note of the phrase and lip slur the rest.

Do not use the tongue to end the note. Just stop the breath.

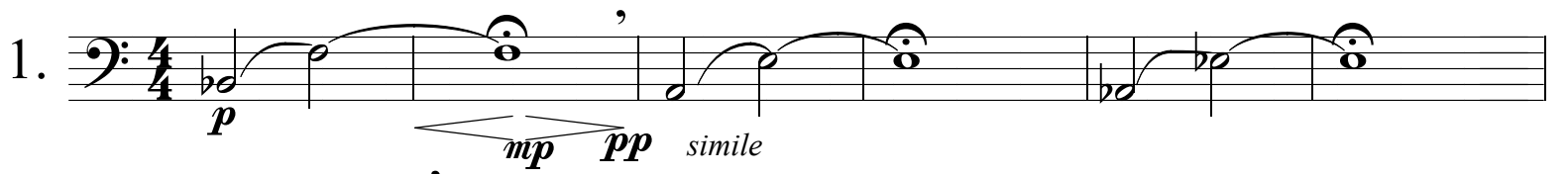
Warm-ups should be played softly with very little mouthpiece pressure.

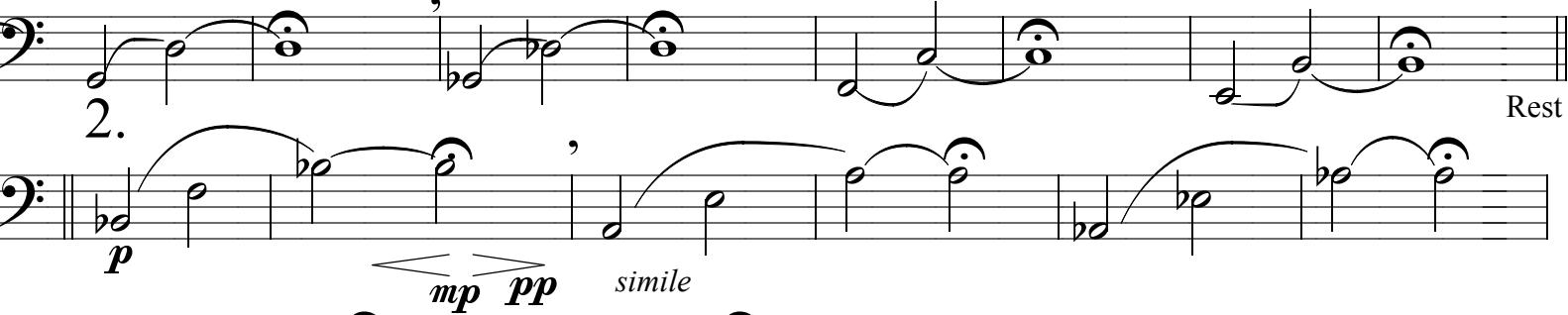
Only play what is comfortable to play. This is just the warm-up

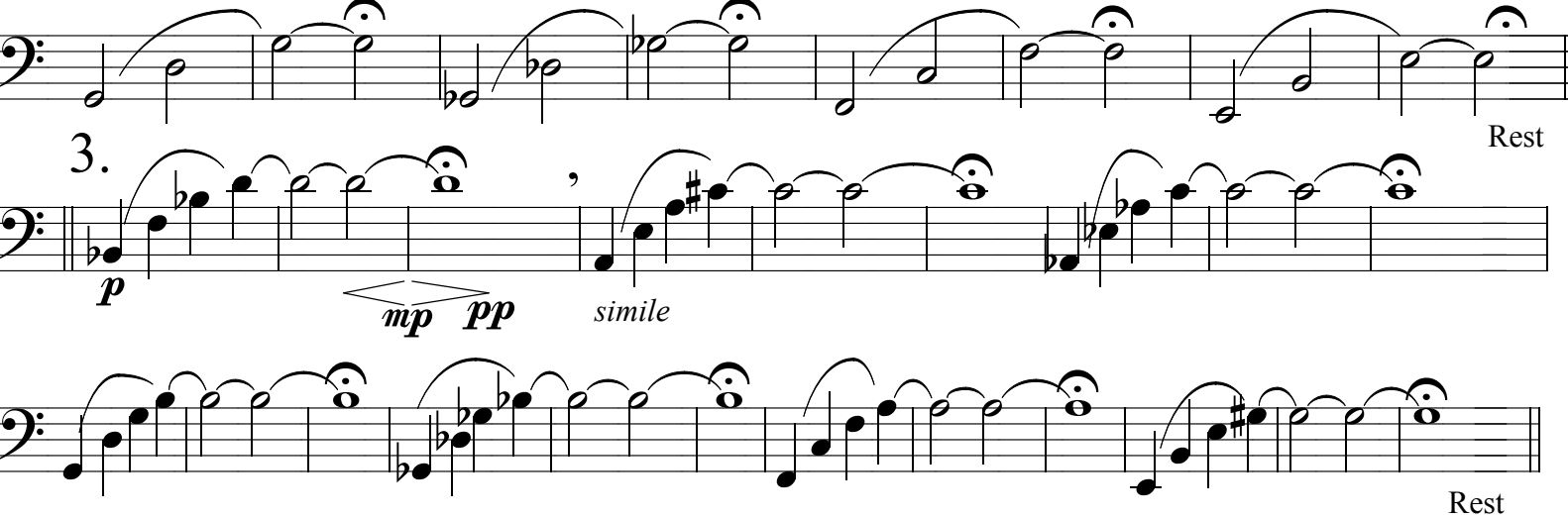
Take a rest after each series.

Hold the Fermata as long as is comfortable.

Wet your lips and between your lips and teeth between each series. Drink plenty of water.

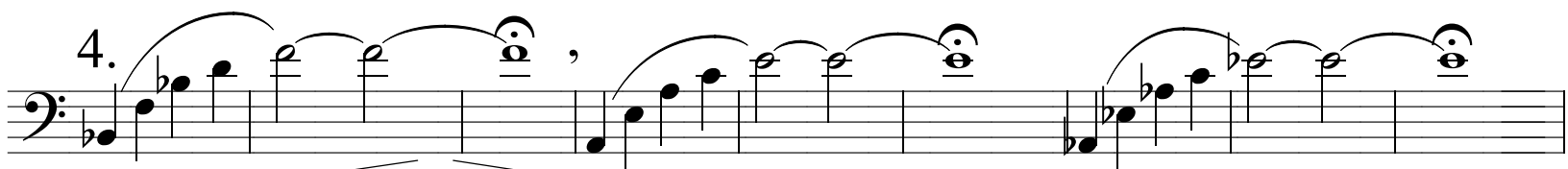
1. 

2. 

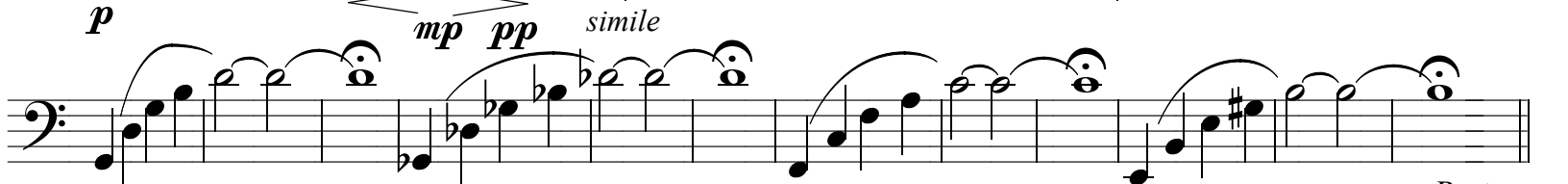
3. 

Rest

4.



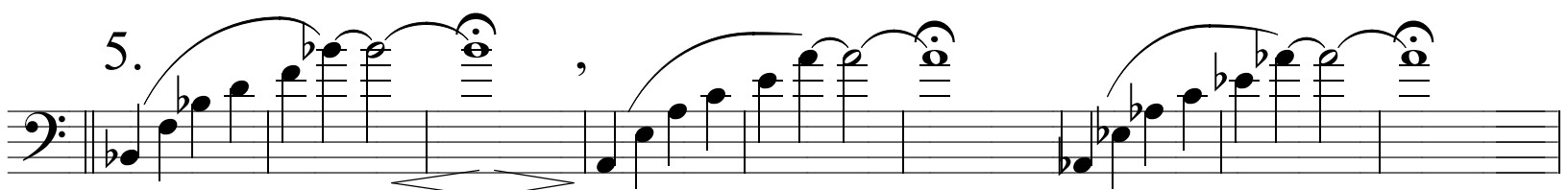
*p* *mp* *pp* *simile*



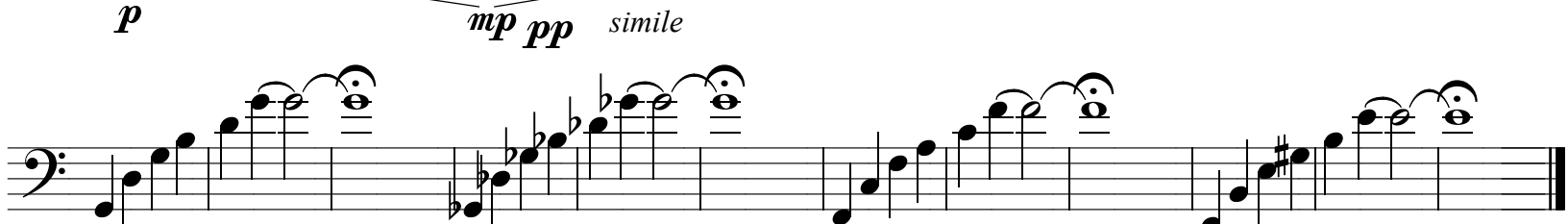
Rest

Detailed description: This block contains the first two systems of exercise 4. The first system consists of a single staff with a bass clef and a key signature of one flat. It begins with a dynamic marking of *p*. The melody is composed of eighth notes, with the first two measures grouped by a slur and a hairpin. The dynamic markings *mp*, *pp*, and *simile* are placed below the staff. The second system continues the melody across four measures, ending with a double bar line and the word "Rest".

5.



*p* *mp* *pp* *simile*



Rest

Detailed description: This block contains the first two systems of exercise 5. The first system consists of a single staff with a bass clef and a key signature of one flat. It begins with a dynamic marking of *p*. The melody is composed of eighth notes, with the first two measures grouped by a slur and a hairpin. The dynamic markings *mp*, *pp*, and *simile* are placed below the staff. The second system continues the melody across four measures, ending with a double bar line and the word "Rest".

More advanced players may continue this warm-up to higher registers but do not continue if there is strain.