

# Dave's Daily Warm-up

## (Embouchure Stabilizer)

Each series should be played without removing the mouthpiece from the lips. Breath through the nose or mouth corners between each phrase. This is to help connect the high note to a low note as well as going from a low note to a higher note without changing the mouthpiece setting.

Play in good time. Tap your foot throughout the warmup

Tongue the first note of the phrase and lip slur the rest.

Warm-ups should be played softly. Gradually get softer and softer as the fermata is being held.

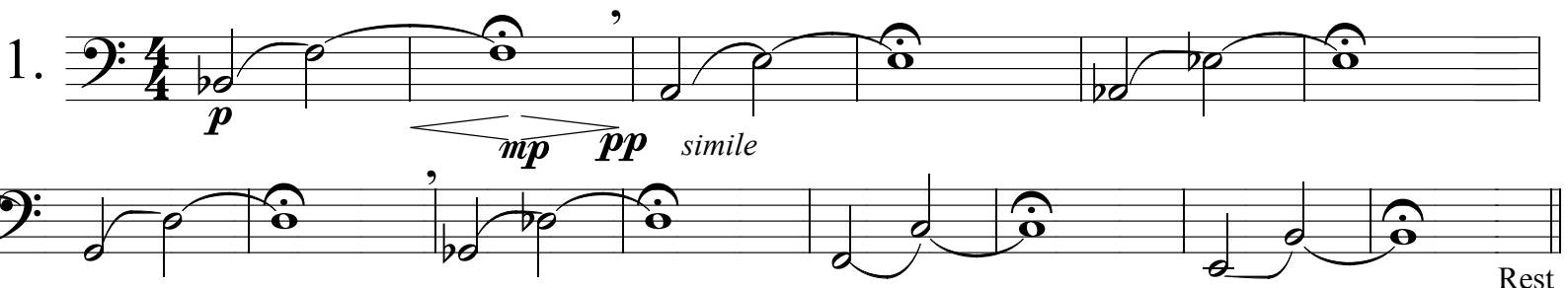
Only play what is comfortable to play. This is just the warm-up


Take a rest after each series.


Try to hold the fermata for a full breath. If this is too tiresome then hold for as long is comfortable.

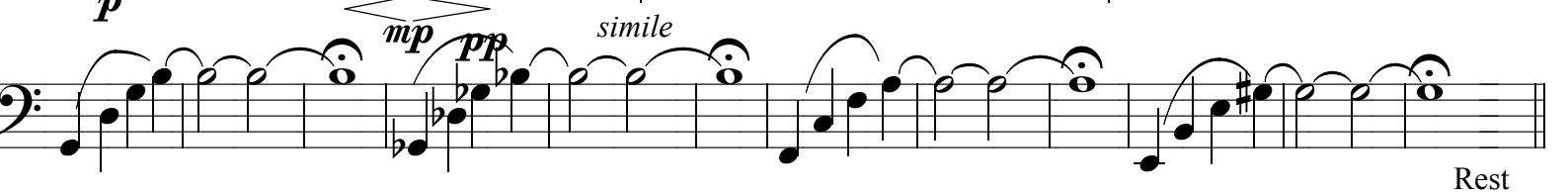
Wet your lips and between your lips and teeth between each series.

More advanced players may continue this warm-up to higher registers but do not continue if there is strain.

1. 

2. 

3. 



4.

*p* *mp* *pp* *simile*

Rest

5.

*p* *mp* *pp* *simile*

Rest